

Table 1. Demographic characteristics of the study population	
Age (years)	Mean (SD)
Male	55.2 (10.5)
Female	56.8 (11.2)
Education (years)	Mean (SD)
Male	12.5 (2.1)
Female	12.3 (2.0)
Marital status	
Married	78%
Single	22%
Occupation	
Professional	35%
Managerial	25%
Service	20%
Unemployed	20%
Health status	
Good	65%
Fair	25%
Poor	10%
Smoking status	
Smoker	30%
Non-smoker	70%
Alcohol consumption	
Regular	15%
Occasional	25%
Never	60%
Family size	Mean (SD)
Male	3.2 (1.5)
Female	3.1 (1.4)
Income (USD/month)	Mean (SD)
Male	1200 (300)
Female	1150 (280)
Health insurance	
Yes	85%
No	15%
Comorbidities	
Hypertension	45%
Diabetes	30%
Cholesterol	55%
Asthma	10%
Depression	20%
Medication use	
Regular	60%
Occasional	25%
Never	15%

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